

# **Safeguarding and Child Protection Policy**

# **Policy Statement**

Lincoln Radio Sailing Club is committed to safeguarding, from physical, sexual or emotional harm, neglect or bullying, children taking part in its activities. We recognise that the safety, welfare and needs of the child are paramount and that all children, irrespective of age, disability, race, religion or belief, sex, sexual or gender identity or social status, have a right to protection from discrimination and abuse.

For the purposes of this policy anyone under the age of 18 should be considered as a child. All members of the Club should be aware of the policy.

# **Club Welfare Officer**

Jen Hand

email: clive@handfamily.plus.com

### Volunteers

Volunteers whose role brings them into regular contact with young people will be asked to provide references. The Club Welfare Officer and those regularly instructing, coaching or supervising young people will also be asked to apply for an Enhanced Criminal Records Disclosure, with Barred List check if appropriate.

## **Good Practice**

All members of the Club should follow the Good Practice Guidelines, Club Code of Conduct (detailed below) and agree to abide by the LRSC Rules and Constitution along with the RYA Racing Charter contained in the RYA Racing Rules of Sailing. The Club will seek written consent from parents/carers before taking photos or video of a child at an event or training session or publishing such images. Parents and spectators should be prepared to identify themselves if requested and state their purpose for photography/filming. If the Club publishes images of children, no identifying information other than names will be included. Any concerns about inappropriate or intrusive photography or the inappropriate use of images should be reported to the Club Welfare Officer.

### Concerns

Anyone who is concerned about a young member's or participant's welfare, either outside the sport or within the Club, should inform the Club Welfare Officer immediately, in strict confidence. The Club Welfare Officer will follow the attached procedures. Any member of the Club failing to comply with the Safeguarding policy, or any relevant Rules or Codes of Conduct, may be subject to disciplinary action under Section 9 of the Club Constitution.

# Concern identified If child requires immediate medical attention call ambulance and inform doctor there is a child protection concern Report your concern to the club/centre Welfare Officer who will refer the matter to Children's Social Care/Police without delay. Make a record of anything the child has said and/or what has been observed, if possible with dates and times. If the Welfare Officer is not available, refer the matter directly to Children's Social Care or the Police. Remember delay may place the child at further risk.

Discuss with Children's Social Care or the Police to agree who will inform the child's parents/carers.

Complete a Referral form as soon as possible after the incident and copy it to Children's Social Care/Police within 48 hours. Send a copy to the RYA Safeguarding Manager for information.

Reporting procedures

LRSC Safeguarding & Child Protection Policy

# **Good Practice Guidelines**

# **Good Practice Guide for Volunteers**

- Avoid spending any significant time working with children in isolation.
- Do not take children alone in a car, however short the journey.
- Do not take children to your home as part of your organisation's activity.
- Where any of these are unavoidable, ensure that they only occur with the full knowledge and consent of someone in charge of the organisation or the child's parents.
- Design training programmes that are within the ability of the individual child.
- If a child is having difficulty with a buoyancy aid, ask them to ask a friend to help if possible.
- If you do have to help a child, make sure you are in full view of others, preferably another adult.
- Restrict communications with young people via mobile phone, e-mail or social media
  to group communications about organisational matters. If it's essential to send an
  individual message, copy it to the child's parent or carer.

# You should never:

- Engage in rough, physical or sexually provocative games.
- Allow or engage in inappropriate touching of any form.
- Allow children to use inappropriate language unchallenged or use such language yourself when with children.
- Make sexually suggestive comments to a child, even in fun.
- Fail to respond to an allegation made by a child; always act.
- Do things of a personal nature that children can do for themselves. It may sometimes
  be necessary to do things of a personal nature for children, particularly if they are
  very young or disabled. These tasks should only be carried out with the full
  understanding and consent of the child (where possible) and their parents/carers. In
  an emergency which requires this type of help, parents should be fully informed. In
  such situations it is important to ensure that any adult present is sensitive to the child
  and undertakes personal care tasks with the utmost discretion.

# Club Code of Conduct

It is the policy of Lincoln Radio Sailing Club that all participants, coaches, instructors, officials, parents and volunteers show respect and understanding for each other, treat everyone equally within the context of the sport and conduct themselves in a way that reflects the principles of the club. The aim is for all participants to enjoy their sport and to improve performance. Abusive language, swearing, intimidation, aggressive behaviour or lack of respect for others and their property will not be tolerated and may lead to disciplinary action.

# Participants - young sailors

- Listen to and accept what you are asked to do to improve your performance and keep you safe.
- Respect other participants, coaches, instructors, officials and volunteers.
- Abide by the rules and play fairly.
- Do your best at all times.
- Never bully others either in person, by phone, by text or online.
- Take care of all property belonging to other participants, the club or its members.

# **Parents**

- Support your child's involvement and help them enjoy their sport.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Never punish or belittle a child for losing or making mistakes.
- Encourage and guide your child to accept responsibility for their own conduct and performance.
- Respect and support the coach.
- Accept officials' judgements and recognise good performance by all participants.
- Use established procedures where there is a genuine concern or dispute.
- Inform the club or event organisers of relevant medical information.
- Ensure that your child wears suitable clothing and has appropriate food and drink.
- Provide contact details and be available when required.
- Take responsibility for your child's safety and conduct in and around the clubhouse/event venue.

# Coaches, Instructors, Officials and Volunteers

- Consider the welfare and safety of participants before the development of performance.
- Encourage participants to value their performance and not just results.
- Promote fair play and never condone cheating.
- Ensure that all activities are appropriate to the age, ability and experience of those taking part.
- Build relationships based on mutual trust and respect.
- Work in an open environment.
- Avoid unnecessary physical contact with young people.
- Be an excellent role model and display consistently high standards of behaviour and appearance.

- Do not drink alcohol or smoke when working directly with young people.
- Communicate clearly with parents and participants.
- Be aware of any relevant medical information.
- Follow RYA and club rules, guidelines and policies.